

## Child & Family Counselling Service – Counsellor/Child Psychotherapist/Family Therapist

GCS provides counselling to Adults, Children & Families, Schools and Couples services. We engage both directly with clients and are contracted by third party organisations e. g. Schools, GP practices and Employers. We are recruiting for our Child & Family Service team who work across our three locations; Gloucester, Stroud & Cheltenham in our dedicated child rooms.

### Job Description

To provide Child and Family Counselling using psychodynamic, humanistic, and systemic modalities, with a clear understanding of attachment, developmental and trauma-informed theories, within our Child and Family Counselling Service (C&FCS).

<b>Reporting to</b>	Clinical Service Manager
<b>Located at</b>	Stroud, Cheltenham, Gloucester
<b>Remuneration*</b>	Session rates dependent on qualifications and experience (please see below)
<b>Hours</b>	Casual Role

GCS is looking to recruit different types of therapists which include;

Children & Adolescent Counsellors	£30 per session
Child & Parent Counsellors / Psychotherapists / Art Therapists	£35 per session
Family Therapist / Psychotherapist	£40 per session

### Role Overview

- Deliver counselling / psychotherapy to children, adolescents, families and caregivers (dependent on experience) within time-limited and longer-term work.
- Options for GCS to provide clinical supervision (min. case load of 5 clients) or for clinical supervision to be arranged independently (subject to Supervision Agreement being in place)

### Main Responsibilities

- Deliver face to face counselling including assessments, therapy and psycho-education to children, young people and families using a range of appropriate interventions.
- Work to the BACP Competences for work with children and young people (4–18 years) [https://www.bacp.co.uk/media/15873/bacp-cyp-competenceframework\\_2022.pdf](https://www.bacp.co.uk/media/15873/bacp-cyp-competenceframework_2022.pdf)

- Use GCS Systems to maintain accurate and up to date records, following criteria set out by GCS policies and procedures and in line with BACP Ethical Framework and Data Protection standards (GDPR).
- Follow GCS Safeguarding procedures and adhere to safeguarding policy (organisational and statutory)
- To read referral documentation relating to clients, where required
- Effectively use of clinical supervision sessions fortnightly (min, 20 per annum), reviewing case work as part of the supervision process and team meetings (x3 per annum). Ad-hoc meetings may be requested outside of these.
- Ad-hoc, brief meetings relating to any aspect of the role within your role responsibilities. Invitation to any meetings outside of those detailed above are claimable when explicitly agreed with your line manager, CSM.
- To manage case load and communicate in a timely manner ensuring minimum case load maintained (5 clients minimum).
- Adhere to GCS premises processes e.g. shutting up rooms
- Attend training and development sessions when required, including compulsory training e.g., Safeguarding
- Support the values and strategic aims of the GCS Counselling Services.
- To undertake any other responsibilities or tasks as reasonably required by GCS.
- To complete externally requested reports, where required (additional remuneration)

### Person Specification

We acknowledge that there is no one framework that is recognised when working with children and families. We have categorised the below loosely based on who you are trained and qualified to work with. Please indicate which category you believe you best fit into. Discretion is held with GCS to determine.

### Person Specification – Children & Adolescent Counsellors

#### **Qualifications**

- Children and Young People aged 11+ with a specialist Child and Young Person Counselling training and a supervised clinical placement (minimum 60 hours).
- Substantive counselling qualification to Diploma level

#### **Experience & Knowledge**

- 200 hours minimum supervised clinical practice
- Good understanding of the BACP Ethical framework for counselling and psychotherapy. (A & Ass)
- Experience of working with individuals who have experienced trauma sexual and/or domestic violence. (A & Ass, Int)
- Experience of assessing clients

- Evidence and adherence to Safeguarding processes and statutory requirements (A & Ass)
  - An understanding of developmental, attachment and trauma-informed models, and appropriate interventions. (A & Int)
  - An understanding of the range of issues clients experience, and a desire to help them reach their potential. (A & Int)
- Skills, Attitudes & Abilities**
- Ability to establish and maintain professional boundaries with Clients (A & Int)
  - Ability to create a safe, warm and non-judgemental environment for clients to express their emotions. (A & Int)
  - Strong communication skills both written and verbal (A)
  - Good IT skills, including completion of electronic forms and recording of data, Microsoft office 365 and Teams (A & Int)
  - To liaise with other staff and managers appropriately and in compliance with GCS Positive Working Environment expectations. (Int)
  - A flexible and adaptable attitude to the work (Int)

### Person Specification – Child & Parent Counsellors / Psychotherapists / Art Therapists

- Qualifications**
- Recognised children aged 5+ recognised training qualification including competency to work within a parent-child dyad. Supervised clinical placement (minimum 60 hours).
  - OR Newly qualified Family Therapists
- Experience & Knowledge**
- Proven experience of working with child & parent / caregiver
  - 200 hours minimum supervised clinical practice
  - Good understanding of the BACP Ethical framework for counselling and psychotherapy. (A & Ass)
  - Experience of working with individuals who have experienced trauma sexual and/or domestic violence. (A & Ass, Int)
  - Experience of assessing clients
  - Evidence and adherence to Safeguarding processes and statutory requirements (A & Ass)
  - An understanding of developmental, attachment and trauma-informed models, and appropriate interventions. (A & Int)
  - An understanding of the range of issues clients experience, and a desire to help them reach their potential. (A & Int)

### Skills, Attitudes & Abilities

- Ability to establish and maintain professional boundaries with Clients (A & Int)
- Ability to create a safe, warm and non-judgemental environment for clients to express their emotions. (A & Int)
- Strong communication skills both written and verbal (A)
- Good IT skills, including completion of electronic forms and recording of data, Microsoft office 365 and Teams (A & Int)
- To liaise with other staff and managers appropriately and in compliance with GCS Positive Working Environment expectations. (Int)
- A flexible and adaptable attitude to the work (Int)

## Person Specification – Family Therapist / Psychotherapist

### Qualifications

- Recognised Family Therapy Qualification

### Experience & Knowledge

- Min. 2 years' experience working as a Family Therapist
- Good understanding of the BACP Ethical framework for counselling and psychotherapy. (A & Ass)
- Experience of working with individuals who have experienced trauma sexual and/or domestic violence. (A & Ass, Int)
- Experience of assessing clients
- Evidence and adherence to Safeguarding processes and statutory requirements (A & Ass)
- An understanding of developmental, attachment and trauma-informed models, and appropriate interventions. (A & Int)
- An understanding of the range of issues clients experience, and a desire to help them reach their potential. (A & Int)

### Skills, Attitudes & Abilities

- Ability to establish and maintain professional boundaries with Clients (A & Int)
- Ability to create a safe, warm and non-judgemental environment for clients to express their emotions. (A & Int)
- Strong communication skills both written and verbal (A)
- Good IT skills, including completion of electronic forms and recording of data, Microsoft office 365 and Teams (A & Int)
- To liaise with other staff and managers appropriately and in compliance with GCS Positive Working Environment expectations. (Int)

- A flexible and adaptable attitude to the work (Int)