

AUTUMN 2022

# TRUSTEE RECRUITMENT PACK

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**GCS**  
GLOUCESTERSHIRE   
COUNSELLING SERVICE

# ABOUT GCS

Gloucestershire Counselling Service (GCS) is a thriving charity providing training and counselling services to the communities of Gloucestershire. Our Headquarters are in the centre of Stroud which has been home to GCS since 1978. We deliver counselling Services both from our counselling rooms based around the county and remotely as well as training in Counselling Skills and Counselling Qualifications.

We continue to see an increase in demand for our services having experienced huge growth as an organisation during the COVID pandemic. Whilst we are committed to meeting the psychological needs of the community we serve we are dedicated to the quality of services that we offer both in the training we deliver and the counselling we provide.

## COUNSELLING SERVICES AT A GLANCE

2020/2021

ADULT SERVICE



8836

SESSIONS DELIVERED

SCHOOLS SERVICE



2476

SESSIONS DELIVERED

CHILD & FAMILY SERVICE



507

SESSIONS DELIVERED

**94% of sessions in the Adult Service paid less than the full cost of £53.**

The Counselling was extremely considerate and caring. I felt comfortable and believed and I could be honest without feeling any judgement

My counsellor was extremely understanding, patient and sympathetic. She allowed me to speak transparently and then helped me identify links previously unrecognised by myself. My anxiety and panic attacks have subsided

Details about our Training delivery and further information about GCS can be found in our Annual report

# BECOMING A TRUSTEE

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You will be joining GCS at a very exciting time for the Organisation as it develops and implements its new strategy delivered by the newly appointed CEO. Your guidance and insight will help us lead and influence the future direction of the Organisation as we further secure our position as a major provider of Counselling services in Gloucestershire.

We are looking for several trustees, including a Chair of Trustees, to join our board who are committed to the provision and training in quality counselling and increasing access to the services that we provide. To enhance our Board and continue to develop our governance these individuals will have two or more of the following attributes;

- Marketing & communications background at charity strategic level (mission, values, reputation)
- Finance background
- Computer/software/data background
- Be local to Gloucestershire
- 'Big picture' skills and interest.
- 'Detailed work' skills and interest / legal
- Charity Governance
- Have noteworthy credibility/reputation in Gloucestershire

We welcome all candidates with these attributes and with some experience of working in mental health services or related areas or a genuine interest in this sector.

## Role of Trustee

Further information on the role of a Trustee <https://www.charitygovernancecode.org/en>

## GET IN TOUCH

### Contact

[ceo@gloscounselling.org.uk](mailto:ceo@gloscounselling.org.uk)  
for an application form.



If you would like to speak with the Acting Chair or CEO prior to applying we would welcome a conversation email [ceo@gloscounselling.org.uk](mailto:ceo@gloscounselling.org.uk)

## Time Commitment

Maximum of 3-4 hours a month. There are quarterly Trustee Meetings (3 hours each) which are normally held in Stroud and plans for the introduction of sub-committees to work on specific projects in-between these. There are other key events which Trustees are encouraged to attend such as the Diploma Awards evening & Annual General Meeting.

## Commitment to diversity

We are committed to improving the diversity of our Board and we welcome applications from all ages, abilities and backgrounds.